

Department of Physical Education and Sports

(Delhi Technological University)

The **Department of Physical Education and Sports** at **Delhi Technological University (DTU)** plays a pivotal role in nurturing a vibrant sports culture on campus. Dedicated to promoting physical fitness, mental well-being, and teamwork, the department offers a wide spectrum of sports activities and training programs that complement the academic rigor of the university.

DTU boasts expansive sports infrastructure, including well-maintained grounds for cricket, football, and athletics, as well as courts for basketball, volleyball, tennis, and badminton. Indoor facilities support sports such as table tennis, chess, carrom, and gym-based fitness training. These facilities are designed to cater to both competitive athletes and recreational participants.

The university's sports teams consistently perform with distinction at inter-university, state, and national tournaments, bringing pride to the DTU community. Under the guidance of skilled coaches and physical education experts, students receive professional-level training and opportunities to compete and excel across disciplines.

In addition to competitive sports, the department actively promotes health and wellness through yoga sessions, fitness challenges, and annual sporting events, including the much-anticipated **DTU Sports Fest**. These initiatives aim to instill lifelong values of discipline, resilience, and sportsmanship among students.

Through its dynamic approach to physical education, the Department of Physical Education and Sports at DTU supports the all-round development of students and contributes to building a campus environment that is energetic, inclusive, and health-conscious.

Sports Activities of DTU

The department runs Sports Courses:

FEC SPORTS COURSE CONTENTS

1. **Fundamental Elective Courses** (FEC1,FEC2,FEC3) &
2. **Value Added Courses** (VAC20 and VAC21) as per NEP2020

Around 1,500 students in DTU participate in sports UG courses per year

Multi-Purpose Raj Soin Hall: Contains 4 Courts of badminton, 4 Tables of T.T., along with facility of Carrom, Chess, Arm Wrestling and other indoor games.

Each hostels have a) Table Tennis, b) badminton, c) carrom etc. Girls' and boys' hostel have gym facility.

There are six practice nets for cricket in the Sports Complex.

USME (Univ. School of Management and Entrepreneurship) has sports facilities in their premises.

Sports Facilities of DTU

DTU SPORTS FACILITIES

- **Athletics Track***400m: A dedicated 400-meter track for running and athletic events.
- **Football Ground:** A full-sized football field for practice and organize the matches.

- **Cricket Ground:** A cricket pitch and ground for matches and practice sessions.
- **Volleyball Courts:** Two courts available for volleyball games and practices.
- **Basketball Courts:** Two courts designated for basketball activities.
- **Tennis Courts:** Three courts dedicated to Tennis with cemented turf.
- **Indoor Hall** (For Badminton & Table Tennis): It constitutes of three Olympic-sized badminton courts along with 6 Table Tennis setup and 2 pool tables. Also have interlocking mats for kabaddi
- **Gymnasium:** DTU has two gymnasiums one for boys at the sports complex and other for girls at the hostel office building
- **Kabaddi Courts:** DTU sports complex has two open kabaddi courts
- **Chess & Carrom Facilities:** Rooms specifically for chess players to practice and compete

Sports Events Organized by DTU

Main Events

- **AAHVAAN:** It is the Annual Inter University sports festival of Delhi Technological University. With around more than 150 university/colleges taking part in this three day sports
- **12th January: National Youth Day** is celebrated by DTU for organizing sports activities.
- **ARENA :** This is the inter-branch sports fest organised among different departments of DTU organised in the month of October every year.
- **15th August: National Independence Day** is celebrated every year by the Sports Council DTU by organizing a freedom run and other sports activities.
- **29th August: National Sports Day** is celebrated every year in the memory of greatest Hockey player of the century Major Dhyan Chand. The different sports activities are organized during the event.
- **31st October: National Unity Day** - Day is celebrated every year by the Sports Council DTU by organizing a freedom run and other sports activities

Sports Events Organized by DTU Continue

- **26th January: National Republic Day** is celebrated every year by the Sports Council DTU by organizing a freedom run and other sports activities
- **PARAAKRAM** is the Annual Intra University sports festival of Delhi Technological University for faculties, staff and Ph.D scholars. Organised three day sports in the month of Jan and Feb: preferably starting on Paraakram Divas- the Jayanti of Netaji Subhash Chand Bose.
- **21 June: International Yoga Day** is celebrated by DTU for organizing sports activities.
- **Fit India week in December:** The different events activities were carried.
- **Inter and Intra Departmental Friendly Matches:** DTU organises regularly friendly matches on Saturday and Sunday or holidays for Staff and students.
- **Aagaaz:** The Sports council facilitates to conduct the intra-hostel tournaments.
- **FITNESS RUN:** DTU organises regular Fitness Run for Students and Staffs
- **Students' Sports Council:** DTU has students' Sports Council, to conduct different sports activities.

Sports Events Participation of DTU

- **Contingent Participate in India level Inter College Sports** : Generally DTU sends contingent of 160 to 300 to participate in India level Inter University/ institution Sports Events. DTU provides registration, accommodation, AC travel, Sports Kits, and Miscellaneous. Generally in both the semester of Academic Year.
- **DTU Promotes for Inter National Sports Meet**: DTU promotes students of participate in inter National Sports by providing fare, fees, stay etc. and also helps from Alumnae to contribute for the Same
- **DTU Promotes Individual Students**: DTU promotes individual to participate in sports activities of repute.
- **DTU Promotes Faculties and Staffs**: The DTU organises and promotes inter departmental Sports of Delhi Government.
- **Sports Recognised by Association of Indian University**: DTU being the member of AIU, DTU send the team to participate in AIU championship sports time to time.
- **DTU Promotes for Differently abled person**: DTU promotes the activities for every level for every one i.e. also for differently abled per

Achiever of Excellence



Shashwat Dalal (Badminton), a Computer Engineering student at DTU (2024 graduate), is an **international badminton player ranked 310th in the BWF World Rankings**. He has represented India in prestigious tournaments like the **Korea Open 2023, Northern Marianas International Challenge (USA), India Open, and Syed Modi International**.



Amit Pal, an alumnus student of Automation Engineering at DTU from 2K23, is a **rope-skipping athlete**, a **3 Time Guinness World Records Holder**, **5 Time Limca Book of Records Holder**, **All India Rope Skipping Championships (AIU) - Silver Medal**, **5 Time National level Gold Medalist in Rope Skipping**, **5 Time State level Gold Medalist**, **2 Time Gold Medalist in Delhi Olympic Games**.



Dishant Kumar
(Power Lifting)

Competition	Category	Achievement
IPF Delhi State	66kg Junior	2x Gold (Champion)
Hyderabad State	66kg Junior	Gold
WPC District	67.5kg Junior	Gold
WPC National	67.5kg Junior	Silver
IIT BHU Spardha	66kg Junior	2x Gold (2023 & 2024)
Aahvaan & Arena	66kg	Gold (2023)

Sports Achievements of DTU 2024-25

BITS Goa SPREE 2025 :	IIT Mandi - Rann-neeti 2024
Powerlifting- Gold Medals: i) Dishant Kumar (Under 69kg) ii) Butty (Under 74kg) iii) Kushagara Kumar Singh (Under 79kg) Silver Medals i) Ashutosh Srivastava (Under 64kg) ii) Shubham (Under 83kg) Kabaddi i) Men's Team: Gold Medal ii) Women's Team: Silver Medal	Cricket: Gold Medal Table Tennis: Gold Medal Athletics: Men's Category: Gold Medal Women's Category: Gold Medal
IIT BHU - Spardha'24. -	Kabaddi: Men's Team – Bronze Medal

Sports Achievements of DTU 2024-25

<u>AAHVAAN 2024 – DTU</u>	
Team Sports 1. Men's Cricket: Silver Medal 2. Men's Football: Silver Medal 3. Men's Badminton: Silver Medal 4. Men's Basketball: Silver Medal 5. Women's Basketball: Silver Medal 6. Men's Table Tennis: Silver Medal	Individual Sports 1. Arm Wrestling: Silver Medal 2. Powerlifting - Under 74Kg: Silver Medal - Under 66Kg: Gold and Silver Medals - Under 59Kg: Gold Medal 3. Chess - Mixed: Gold Medal - Blitz: Silver Medal

Athletics

Men's Events

- 400m: Bronze Medal
- 800m: Silver Medal
- 1500m: Gold Medal
- 5000m: Gold Medal
- Relay 4 x 100m: Gold and Silver Medals
- Shot Put: Gold Medal
- Long Jump: Bronze Medal

Women's Events

- 100m: Bronze Medal
- 400m: Silver Medal
- 800m: Silver Medal
- Relay 4 x 100m: Silver Medal
- Discus Throw: Silver and Bronze Medals
- Shot Put: Bronze Medal

SOME GLIMPSES OF SPORTS ACTIVITIES IN DTU





