

International Day of Yoga and One week Yoga Workshop

21-26 June, 2016

Organized by

Delhi Technological University, DTU

Venue:

B. R. Ambedkar Auditorium
Delhi Technological University
Bawana Road, Delhi-110042

Coordinator

Dr. M. M. Tripathi

Contact Address:

Room No. : FW1-SF1
Electrical Engineering Department
Delhi Technological University
Bawana Road, Delhi-110042

Mob: 8375965159

E-mail: mmtripathi@dce.ac.in

Important Dates

- Receipt of applications, June 15, 2016
- Information to the selected Participants: June 17, 2016

Note: Presentation & Demonstration by Yoga Teachers from Art of Living, Bangalore and Gayatri Parivar, Haridwar

About International Day of Yoga

On December 11 in 2014, the United Nations General Assembly declared June 21st as the International Day of Yoga. The declaration came after the call for the adoption of June 21st as International Day of Yoga by Hon'ble Indian Prime Minister, Mr. Narendra Modi during his address to UN General Assembly on September 27, 2014. In Suggesting June 21, which is the Summer Solstice, as the International Day of Yoga, Mr. Narendra Modi had said that, "the date is the longest day of the year in the Northern Hemisphere and has special significance in many parts of the world. On the day of the summer solstice, Adiyogi turned south and first set his eyes on the Saptarishis or Seven Sages, who were his first disciples to carry the science of yoga to many parts of the world. It is wonderful that June 21 marks this momentous event in the history of humanity.

About Happiness Course

The central - piece of the Art of living Happiness program is a unique and profound breathing technique. A practical tool that restores body, mind and spirit into its natural rhythm of being, the Sudarshan Kriya has positively transformed millions and millions of lives. Along with Sudarshan Kriya, other powerful breathing techniques, yoga and meditation taught in the interactive sessions of the Happiness Program is all that you need for an experience of happiness like never before.

Participants & Registration Fee

There is no registration fee for International Day of Yoga for any no. of participants (Faculty/Staff/Student and their family members). For one week Yoga workshop (Happiness Programme), only 50 participants (Faculty/Staff/Student) will be given free registration. The registration will be done on first cum first serve basis.

APPLICATION FORM **International Day of Yoga** **and** **One week Yoga Workshop** **(Happiness Programme)** **June 21-26, 2016**

1. International Day of Yoga; 21 June 2016; 6:00-8:00 AM

2. Yoga Workshop; 21-26 June 2016; 5:00-7:30 PM

Name:

Faculty/ Non-teaching Staff/ Student:.....

Designation:

Department:

You want to attend: 1. International Day of Yoga ☐
2. Yoga workshop ☐
3. Both 1 and 2 ☐

Any Medical Condition:.....

Blood Group:.....

Mailing Address:

Email:

Phone(s):

Date:

Participant Signature

For online registration: Paste the below link in web page and click

<https://docs.google.com/forms/d/1l3pjXpOOD1TEZA5ZBFN7IFv8XdPMJj4Q2sXqc-chH5E/viewform>