



Coordinator:

Prof. Kapil Sharma

Co-coordinators:

Prof. M M Tripathi
Mr. Nipun Bansal

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Important Dates

- Receipt of applications, April 9, 2018
- Information to the selected candidates:
April 10, 2018

Registration

The registration will be done on first cum first serve basis. No course fee will be charged from the participants.

Participants

Faculty, Students from Academic and Research institutions/ Universities, Diploma Institutions, Industry personnel who are working in an area relevant to the theme of the course are invited. The number of participants are limited to **50 candidates**.

Organizing Committee

Prof. Anu Singh Lather, Pro VC
Prof. A. Trivedi
Prof. N. Dev
Prof. G C Maheshwari
Prof. P K Suri
Prof. Mukhtiar Singh
Prof. M. M. Tripathi
Prof. Kapil Sharma
Mr. T. Vijay Kumar
Ms. Seba Susan
Dr. D. Vishwakarma
Ms. Anamika Chauhan
Mr. Jasraj Meena
Mr. Nipun Bansal
Mr. Sanjay Patidar
Ms. Priyanka Meel

TEQIP-III sponsored

**Short Term Training Program
(STTP)
on Health, Human Values,
Ethics and Empowerment**

April 13 – 18, 2018

Organized by



Information Technology Department
Delhi Technological University
Bawana Road, Delhi-110042

About IT Deptt., DTU

An amalgam of Computers and Telecommunications, Information Technology has changed the lives of people globally with applications apparent in every walk of life. It empowers the younger generation with knowledge of recent advancements in this sector and provides them with a platform to work in various industries such as banking, insurance, communications, etc. Other popular areas that encompass scope for IT and have grown in the recent years are medicine, E-Governance, entertainment and multimedia, scientific research, business intelligence solutions and knowledge discovery in databases. The Delhi Technological University (formerly Delhi

College of Engineering), offers an undergraduate B.Tech. Course in Information Technology. Also, to meet the growing demands of present day technologies, DTU has started post graduate studies in Information Systems from the year 2009-2010, with an annual intake of 21 students. Specialized knowledge on analysis and design of the department provides well-equipped and well-connected state of the art laboratories in the areas of RF engineering and Web Engineering, Computer Networking, Advance Signal Processing, Information Security, etc. Future plans for advancement and expansion of the research in the areas of information security, computer networks, optical communication, knowledge discovery in databases and other IT related fields shall be undertaken.

Objectives of the FDP:

- To develop leadership quality in faculty and students;
- To make faculty and student aware of Wellness, Stress-management and Resilience and learn techniques to manage these;
- To make faculty and student learn life skills
- To equip the faculty and students with Human values and ethics
- To make faculty and student learn proactive approaches to enhance social connection, and service-based engagement with community to enhance health, happiness and quality of life.

Topics to be covered

Importance of health	Practical (Breathing techniques)
Asanas and its importance	Practical (Asanas)
Human Values and ethics	Practical (Pranayam)
Relationship and spirituality	Practical (Knowledge session)
Meditation and empowerment	Practical (Meditation)
Inclusion and social values	Practical (Meditation)

Advisory Board:

- Prof. Yogesh Singh, Vice Chancellor, DTU
- Prof. S. K. Garg, PVC, DTU
- Prof. Anu Singh Lather, PVC DTU
- Prof. G C Maheshwari
- Prof. A. Trivedi
- Prof. N. Dev
- Prof. Pragati Kumar, EED, DTU
- Prof. Vikas Rastogi
- Prof. Rajan Yadav
- Mr. Sameer Dua, AOL
- Mr. T. Vijay Kumar

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April 13 – 18, 2018

Name:

Title/Position:

Institute / Organisation:

Mailing Address:

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Email:

Fax:

Phone(s):

Qualification:

Experience:.....

Research Interest:

Details of enclosed Demand Draft: No.

Dated:Amount (Rs):

Issuing Bank:

Date: **Participant Signature**

Sponsored by, if any

Name of the organization:

Address:

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Signature of Head of Institution/ Department